

Hot Paninis

(See Board for today's choice)

Choice of Breads

With your choice of Filling and served
with either Chips or Salad & Coleslaw

£5.50

Cheese & Chutney * Ham & Piccalilli * B.L.T.
Tuna Mayo * Ham & English Mustard
Brie & Cranberry

£5.95 (£1.00 supplement for Steak)

Bacon & Stilton * Prawn Mayo
* Steak, Cheddar & Red Onion Jam
* Crayfish Tail, Rocket & Lemon Dill Mayo
Hot Beef & Horseradish * Turkey, Brie & Cranberry
Sausage & Fried Onion * Hot Pork & Stuffing
Steak & Fried Onion * Smoked Chicken Caesar
*Roasted Med Veg & Mozzarella

£5.25 Jacket Potatoes £5.75

Cheddar Cheese	Chicken Curry
Baked Beans	Chilli
Tuna Mayo	Prawn Mayo
Coleslaw	

(Additional Fillings £1.00p)

Ploughmans Lunch

Mixed Cheese Ploughmans - £5.75
Ham & Mixed Cheese Ploughmans - £6.25
Chilli & Chips - £5.75
Chicken Curry & Chips - £5.75

*Please Note: We do use Nuts on the premises, so all products may
contain nuts or nut derivatives.*

We accept payment by Credit Card
(Not American Express)
Cash or Debit Card

Sorry we do not accept Cheques



In a hurry at Lunch Time?
**Why not phone your order through
by 11.30am and have it ready on
your arrival**



Phone: 01386 725276

Fax: 01386 725623

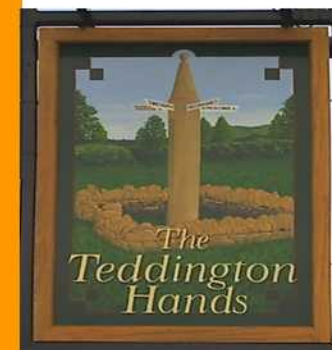
E-mail: info@teddingtonhands.com

www.teddingtonhands.com

Evesham Road, Teddington, Tewkesbury, GL20 8NE

The Teddington Hands

Lunch Menu



**British Food
Local Produce
Freshly Cooked**

Traditional

Mr Lashfords Traditional Handmade Faggots - £9.50

Small portion - £7.95

Made to an exacting recipe for 60 years

Mr Lashfords Specialist Sausages - £9.50

Small Portion £7.95

A Selection of Lashfords traditional award winning sausages

See daily specials for today's choice

Or why not try a combination of the two - £9.95

'Toad in the Hole' - £9.95

Mr Lashford's Sausages in a Light Yorkshire Batter

All the above served with Creamy Mashed Potatoes,
Caramelised Onion Gravy and a choice of Peas

Mr Lashford's Vegetarian Sausages - £9.50

Small Portion - £7.95

Served on Fluffy Mashed Potatoes with a
Creamy Whole Grain Mustard Sauce & a choice of Peas

Teddington Pies - £9.95

Steak Guinness & Mushroom

Steak & Kidney Pudding

All freshly made using prime cuts of locally reared beef
Served with chips and a choice of peas

Also see blackboard for our weekly specials

From the Grill

Steak

Our Steak, as with all of our beef, comes from locally reared
Hereford and Angus Cattle and is butchered and matured
properly to produce a fuller flavour

Choose from 100z Sirloin - £16.95:

100z Ribeye - £16.95 : 160z Rump - £16.95

Cooked how you want it and served either

Pub Style:- with Chips, Mushrooms, Onion Rings and Peas or

Fancy:- with Dauphinoise Potatoes and Sweet Roasted Veg

And a choice of Sauces: Whiskey & Peppercorn,

Garlic Mayonnaise, Blue Cheese Dressing or Red Onion Jam

Teddington Burger - £10.50

A 100z 100% British Prime Beef Burger, Smoked Back Bacon,
Dolcelatte Cheese, Gherkin, and Sweet Onion Relish, served in
a Bun with Chips and a Salad Garnish

Gammon Steak - £11.50

A 100z Thick Cut Gammon Steak served with Chips,

Two Fresh Free-Range Eggs. Choose either Duck Eggs

or Hen Eggs (or one of each) or Pineapple Rings. Peas or Salad

Starters

Chicken Liver, Smoked Bacon & Brandy Pâté - £5.50

Served with our own Sweet Apple Chutney & Toasts

Soup of the Day - £4.25

Served with Warm Crusty Bread

(See Blackboard for today's soup)

Goats Cheese, Spinach & Red Onion Tart (v) £5.50

Served with a Rocket Salad and Balsamic Dressing

Chilli & Ginger Crab Cakes - £5.95

Served with a Tomato, Lime & Coriander Salsa

Gravadlax of Salmon - £5.95

Cured Salmon, flavoured with Brandy & Dill

Served with Buckwheat Blinis and

Horseradish Crème Fraîche

Confit of Duck Leg - £5.95

Confit of Duck Leg, Served with

Spicy Sausage & Puy Lentils

Crispy Duck - £5.95

Crispy Duck coated with a Sticky Aromatic Sauce,

served on Green Leaves

Prawn & Crayfish Tail Salad - £5.50

(Main - £9.95)

With Brandy Mayonnaise

Old Favourites

Beef Lasagne - £9.50

Beef & Mozzarella Lasagne Served with

Mixed Salad & Chips

Vegetable Lasagne (v) - £9.50

Made with Spinach & Ricotta and

served with Chips & Salad

Cod 'n' Chips - £10.50

An 80z Cod Fillet in our own light Beer Batter

Served with Chips and Salad

Breaded Plaice - £10.50

Served with Chips and Peas or Salad

Breaded Whole Tail Scampi - £9.95

Served with Chips & Peas or Salad

Mains

Slow Roast Lamb Shank - £13.95

Served with Dauphinoise Potatoes, Green Vegetables
and a Mint & Redcurrant Sauce

Grilled Sea Bass - £14.25

Fillets of Sea Bass, served with Sweet Potato &
Red Pepper Mash, Roasted Mediterranean Vegetables
and a Tomato & Chilli Jam

Rabbit Hotpot - £12.95

Pieces of Rabbit, cooked with Vegetables, Thyme &
Cream, topped with slices of Potatoes and Parmesan
and baked in the oven

Calves Liver - £11.95

Pan-fried Calves Liver. Served with Chorizo Mash,
Red Wine & Shallot Sauce and Green Vegetables

Chutney Glazed Ham - £12.95

An individually Roasted Ham glazed with Apple
Chutney, served with Creamy Mashed Potato,
Parsley Sauce & Garden Peas

Stilton Chicken - £12.95

Tender pieces of Chicken Fillet, cooked with Leeks
and Mushrooms, finished with Wine, Cream
& Stilton and served with New Potatoes

Linguine Arrabbiata (v) - £10.50

Linguine Pasta served in a Chunky Tomato & Chilli
Sauce, topped with Rocket, Pine Nuts & Parmesan
and served with Garlic Bread