

Side
Orders

Side Orders - £2.65

Seasonal Green Vegetables * Roasted Mediterranean Vegetables
Mixed Salad * Tomato Rocket & Parmesan Salad * Green Leaf Salad
New Potatoes * Chips * Garlic Bread * Onion Rings * Mushrooms

EVERY SUNDAY. FULL MENU PLUS

SUNDAY ROASTS - £10.25 : Small Roast - £8.50

Childrens Roasts (Under 14 years old) £5.95

Roast Beef

With Roasted Parsnip & Yorkshire Pudding

Roast Chicken Breast

Filled with Pork, Sage & Cranberry Stuffing, Wrapped in Bacon,
Served with Bread Sauce

Roast Pork

With Sausage Meat & Sage Stuffing, Crackling & Apple Sauce

Roast Lamb

With a Mint & Redcurrant Gravy

Every Friday

Gourmet Fish & Chips

See Special Board on day for selection

Sample Selection

★ Hake ★ Plaice ★ Cod

★ Red Sea Bream ★ Haddock

Choose to have your fish

★ Grilled with Oil & Herbs ★ Freshly Breaded ★ Beer Battered

All served with our own Hand-cut Chips and with a choice of

In a hurry at Lunch Time?

Why not phone your order through by 11.30am and have it ready on your arrival

Phone: 01386 725276

Fax: 01386 725623

E-mail: info@teddingtonhands.com

www.teddingtonhands.com

Evesham Road. Teddington. Tewkesbury. GL20 8NE

Served Lunch Time
12 noon until 6 pm
Plus Full Menu
Excluding Sunday

Hot Paninis - (See Board for today's choice)

Choice of Breads

With your choice of Filling and served
with either Chips or Salad & Coleslaw **£5.95**

Cheese & Chutney * Ham & Piccalilli * B.L.T.* Tuna Mayo *

Ham & English Mustard * Brie & Cranberry

£6.50 (£1.00 supplement for Steak)

Bacon & Stilton * Prawn Mayo * Steak, Cheddar & Red Onion Jam

Crayfish Tail, Rocket & Lemon Dill Mayo * Hot Beef & Horseradish

Turkey, Brie & Cranberry * Sausage & Fried Onion * Hot Pork & Stuffing

Steak & Fried Onion * Smoked Chicken Caesar * Roasted Med Veg & Mozzarella

Jacket Potatoes

Cheddar Cheese * Baked Beans* Tuna Mayo * Coleslaw - **£5.95**

Chicken Curry * Chilli * Prawn Mayo - **£6.50**

(Additional Fillings £1.00p)

Ploughmans Lunch

Mixed Cheese Ploughmans - **£6.50** * Ham & Mixed Cheese Ploughmans - **£6.95**

Chilli & Chips - **£6.50** Chicken Curry & Chips - **£6.50**

Starters

Chicken Liver & Herb Parfait- **£5.95**

Served with our own Sweet Apple Chutney and Toasts

Soup of the Day - **£4.50**

Served with Warm Crusty Bread (See Blackboard for today's soup)

Calamari - **£5.95**

Crispy Fried Calamari, served with Tomato & Chilli Jam and Garlic Mayonnaise

Smoked Haddock & Spring Onion Fishcake - **£6.25**

Served with a Poached Egg and Tomato Relish

Baked Asparagus (v) - **£6.75**

Baked Asparagus, wrapped in Parma Ham and served with
a Rocket & Parmesan Salad with a Balsamic Dressing

Deep-Fried Somerset Brie (v) - **£6.25**

Breaded & Deep-Fried. Served with Red Onion & Cranberry Sauce and Rustic Bread

Crispy Duck - **£6.50**

Crispy Duck coated with a Sticky Aromatic Sauce, served on Green Leaves

Prawn & Crayfish Tail Salad - **£6.50 (Main - £10.75)**

Prawns & Crayfish Tails with Brandy Mayonnaise. Served on a Bed of Salad

Old
Favourites

Beef Lasagne - £9.95

Beef & Mozzarella Lasagne Served with Mixed Salad & Chips

Vegetable Lasagne (v) - £9.95

Made with Butternut Squash & Goats Cheese, served with Chips & Salad

Cod 'n' Chips - £10.95

An 8oz Cod Fillet in our own light Beer Batter Served with Chips and Salad

Breaded Plaice - £10.95

Served with Chips and Peas or Salad

Breaded Whole Tail Scampi - £10.50

Served with Chips & Peas or Salad

From the
Grill

Steak

Our Steak, as with all of our beef, comes from locally reared Hereford and Angus Cattle and is butchered and matured properly to produce a fuller flavour

Choose from 100z Sirloin - £18.95

100z Ribeye- £18.95: 160z Rump - £18.95

Cooked how you want it and served either

Pub Style:- with Chips, Mushrooms, Onion Rings and Peas
or

Fancy:- with Dauphinoise Potatoes and Sweet Roasted Vegetables

And a choice of Sauces: Whiskey & Peppercorn, Garlic Mayonnaise,
Blue Cheese Dressing or Red Onion Jam

Teddington Burger - £10.95

A 100z 100% British Prime Beef Burger, Smoked Back Bacon, Monterey Jack Cheese, BBQ Sauce & Onion Rings, served in a Toasted Bun with Chips and a Salad Garnish

Teddington Vegetarian Burger - £10.50

A Veggie Burger, Served in a Toasted Bun with Blue Cheese Mayo, Lettuce, Tomato & Onion Rings, with Chips and a Salad Garnish

Teddington Cod Father Burger - £10.95

A Freshly Breaded Fillet of Cod, served in a Toasted Bun with Lettuce, Tartare Sauce and Home-made Ketchup, with Chips & a Salad Garnish

Gammon Steak - £11.95

A 100z Thick Cut Gammon Steak served with Chips,

Two Fresh Free-Range Eggs from the farm next door. Choose either Duck Eggs or Hen Eggs (or one of each) or Pineapple Rings. Peas or Salad

Please Note: We do use Nuts on the premises, so all products may contain nuts or nut derivatives. If you have any allergies please let our staff know.

Traditional

Mr Lashfords Handmade Faggots-£9.95 Small Portion-£8.40

Mr Lashfords Specialist Sausages - £9.95 Small Portion £8.40

A Selection of Lashfords traditional award winning sausages

See daily specials for today's choice

Or why not try a combination of the two - £10.50

'Toad in the Hole' - £10.50

Mr Lashford's Sausages in a Light Yorkshire Batter

(All the above served with Creamy Mashed Potatoes,
Caramelised Onion Gravy and a choice of Peas)

Mr Lashford's Vegetarian Sausages - £9.95 Small Portion £8.40

Served on Fluffy Mashed Potatoes with a Red Onion Gravy and a choice of Peas

Teddington Pies - £10.50

Steak Guinness & Mushroom

Steak & Kidney Pudding

All freshly made using prime cuts of locally reared beef and Lamb

Served with Chips and a choice of peas

Also see blackboard for our weekly specials

Lamb Loin Chops - £14.50

Lamb Chops grilled with Lambs Kidneys & Crispy Smoked Bacon.

Served with Minted New Potatoes & Asparagus, with a Red Wine Sauce

Duck Breast - £14.95

Seared Duck Breast (served pink) with a Sweet Shallot and Balsamic Sauce,

Served with Creamy Mash and Cider Braised Red Cabbage

Roasted Pork Tenderloin - £13.95

Tenderloin of Pork wrapped in Sage & Prosciutto, served with a Potato & Apple Gratin,

Sausage Meat & Sage Stuffing, Spiced Apple Chutney and Seasonal Greens

Grilled Fillet of Seabass - £14.75

Served on a Bed of Potatoes Sautéed with Onions, Peppers and Saffron,

with Spicy Pepper Pesto and Roasted Tomatoes

Calves Liver - £14.50

Pan-fried Calves Liver served with Black Pudding,

Cabbage cooked with Bacon, Creamy Mash & Red Wine Sauce

Chicken Supreme - £13.75

Baked Chicken Supreme, stuffed with Spring Onions and Herb Mousse.

Served on Crushed New Potatoes with a Creamy Leek & Stilton Sauce
and Green Vegetables

Thai Curry (v)- £11.70

Thai Spiced Sweet Potato, Spinach & Chickpea Curry,

Served with Jasmine Rice